

Date: \_\_\_\_\_

## CONFIDENTIAL - Patient Questionnaire

All information you give is confidential and will help in planning appropriate treatment.

Full Name: \_\_\_\_\_

Date of Birth: \_\_\_\_ / \_\_\_\_ / \_\_\_\_

Do you have any of the following? (please circle any that apply)

Asthma / Diabetes / Epilepsy / High Blood Pressure / Heart Disease / Disease of the Heart Valves / Pacemaker / Hepatitis / HIV / AIDS / Lymphoedema

Occupation: \_\_\_\_\_

Marital Status / Partner: \_\_\_\_\_ Number and ages of children (if any): \_\_\_\_\_

**MAIN COMPLAINT** (What are you seeking acupuncture treatment for?)

1) \_\_\_\_\_

How long have you had the problem? \_\_\_\_\_

**OTHER COMPLAINTS**

2) \_\_\_\_\_

3) \_\_\_\_\_

**Main complaint** (Further details - how it affects you on a day to day basis?)

\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

**MEDICAL HISTORY** (Conditions or operations, with age at time of diagnosis/surgery)

\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

**MEDICATION:** (Please list any medication/supplements you are currently taking)

---

---

---

**Do you smoke?** Yes ( \_\_\_ per day) / **No** / Gave up \_\_\_ weeks/months/years ago

**FAMILY MEDICAL HISTORY:**

---

---

**SLEEP PATTERNS:** (e.g. Do you fall asleep easily/wake in the night/dream regularly?)

---

---

**ENERGY LEVELS:** (e.g. Are they higher/lower at particular times of the day?)

---

---

**DIET:** (e.g. How often do you eat, particular likes/dislikes?)

---

---

**Allergies:** \_\_\_\_\_

**FLUID INTAKE:** (What do you drink and how much? including alcohol)

---

---

**OTHER CONCERNS:** Do you have any concerns about the regularity or type of bowel movements, or problems with your waterworks, or (if applicable) your periods? \_\_\_\_\_

---

---