

**Patient Registration and Consent Form**

Title: \_\_\_\_\_ First Name: \_\_\_\_\_ Surname: \_\_\_\_\_

Address: \_\_\_\_\_

Home Tel: \_\_\_\_\_ Mobile: \_\_\_\_\_ e-mail: \_\_\_\_\_

GP: \_\_\_\_\_ Surgery Address: \_\_\_\_\_ GP Tel: \_\_\_\_\_

**Contingency Contact Person / Relationship / Telephone Number:** \_\_\_\_\_

How did you find out about Birmingham Traditional Acupuncture Centre?

Internet Search  Advert  Recommendation  Other: \_\_\_\_\_**Initial Consultation** (Traditional Diagnosis)

During your first consultation I will enquire about your general health and wellbeing and take a medical history. Your blood pressure will be taken and I will feel your pulse usually on both wrists. You will be asked to undress down to your under clothes so that the temperature of your body can be gauged and there will be a non-invasive abdominal examination. This will be done with utmost care and blankets will be provided for your dignity and comfort. It is best to wear casual, loose clothing. You will be kept informed of any procedure and you may withdraw your consent at any time.

**Treatment**

Acupuncture involves the insertion of fine needles in to the body. I only use disposable needles which are pre-sterilised and used once only. You may be required to loosen or remove articles of clothing in order to gain access to certain points. It is best not to eat too soon before or after a treatment and on occasion you may feel sleepy afterwards. If this is the case it may be best to allow some time to rest a while.

**Moxibustion**

On occasion I will wish to use moxa. This is a dried herb made from mugwort. This is a common plant and has been used for thousands of years in traditional East Asian medicine. Small cones of it are placed on acupuncture points and lit with a taper. They gently burn down to introduce warmth to the body and are removed when you feel the heat.

**Cupping**

It is occasionally beneficial to apply suction cups to the surface of the body over certain acupuncture points. This form of treatment can be especially beneficial for muscular skeletal aches and pains and an area of the body that this is most commonly used on is the back.

**Confidentiality**

All information that I keep about you and your treatments is kept in the strictest confidence. I work in compliance with the guidelines given by the British Acupuncture Council (BAC) - the professional governing body in the UK. Possible exceptions to confidentiality would be if I was compelled to disclose information in a court of law or if I thought you were in danger of causing harm to yourself or others.

**Fees**

Refer to my website or the BTAC website for current charges - [www.willowacupuncture.co.uk](http://www.willowacupuncture.co.uk) or [www.btac.co.uk](http://www.btac.co.uk)  
My preferred method of payment is by debit or credit card at the end of each appointment. If you pay using a smart phone my card reader has a contactless facility.

**Cancellations**

- Appointments can be cancelled with at least 48 hours notice
- Any appointment cancelled within this time will incur a cancellation fee
- I will obviously show understanding in extenuating circumstances

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I have read and understood the above information.

Patient Name: \_\_\_\_\_ Patient Signature: \_\_\_\_\_ Date: \_\_\_\_\_